



CITY MANAGER'S NEWSLETTER



Volume III Issue 25

June 24, 2016

Human Resource News

We are pleased to announce the following promotion in the Woodstock Police Department:



Joshua Fourdyce has been promoted to **Detective Sergeant** at the Woodstock Police Department effective June 26, 2016. Detective Sergeant Fourdyce

previously served as Sergeant with the Department. Congratulations!

MEETINGS NEXT WEEK

Monday, June 27 – Historic Preservation Commission, 7PM, Council Chambers



Picnic in the Park Contest
See Page 3 for details

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SUMMER BAND CONCERT

Come out to the Woodstock Square Wednesday, June 29th for an "American Salute." Bring your family, a picnic and your comfy chair to listen to the 132nd season of the City Band. Stay until the end for a musically choreographed fireworks display.



Calling All City Employees

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WANT TO BREAK A WORLD RECORD?

Join us on Thursday, July 7 at 12:00pm in the City Hall conference room. Lunch and dessert will be provided.

BYOBP

(Bring Your Own Black Pen)



WEDNESDAY July 13:
Woodstock Square / 6:30 pm

- Callejoneadas (Street Parade around and through the Square) Gathering at Sesquicentennial Park at 6:30 pm
- **FREE** Band Concert & Ice Cream Social
- Rock Climbing Wall
- Carnival Booths with **FREE** Kids Games and Prizes

THURSDAY July 14:
Emricson Park / 8:00 pm
Bring Chairs

- **FREE** Movie under the Big Tent
- Dr. Seuss' The Lorax
- **FREE** Popcorn
(Preshow - RC Juggles begins at 7:00 pm)

FRIDAY July 15:
Emricson Park / 6:00 pm

- **FREE** Summer Music Concerts featuring:
 - Local Guitarist, Mark Piekos
 - Blackwater Gold
 - 97Nine
 - Libido Funk Circus
- **FREE** Kids Activities
 - Rock Climbing Wall
 - Rescue Pets
- Bags Tournament - Put together your team
- Food Vendors - Come on out for dinner and stay for the party
- Beer Garden - Proceeds Benefit Gavers Community Cancer Foundation

SATURDAY July 16:
Woodstock Water Works
11:00 am - 4:00 pm

- **LUAU at SUMMER IN THE PARK**
Pull out your grass skirts and Hula with the Woodstock Water Works Staff and Ty the Turtle
 - \$4 Entrance Fee
 - Fun & Activities
 - Early Opening Time
 - Appearances from Potts & Pans Steel Pan Band, Kalia Jefferson
 - Aloha Dancers & Kona Ice

SUNDAY July 17:
Emricson Park / Noon - 5:00 pm

- DJ will be taking requests all afternoon
- Grilled Brats & Hotdogs - come out for lunch and enjoy the fun!
- **CARNIVAL BOOTHS** with **FREE** Kids Games and Prizes
- Rock Climbing Wall
- Inflatable Bounce Activities
- RC Juggles - Amazing Balloon Creations & Entertainment
- BINGO from noon until 3:00 pm
- **BEER GARDEN** - Proceeds Benefit Gavers Community Cancer Foundation, Ends at 4:00 pm
- Petting Zoo
- Plus, Randall Oaks Traveling Animal Show at 1:00 pm

FREE EVENT FOR TWEEN/TEENS ONLY
6:00 pm-10:00 pm

The night will continue to rock for our youth with a **FREE** dance & photo booth. Refreshments also available.
Sponsored by the Woodstock Police Department

JULY 13-17, 2016

Woodstockfestivals.org • 815.338.4301



PICNIC IN THE PARK CONTEST

- ❖ Create a fabulous 6'x6' picnic and beverage setting in one of four themes below for the Woodstock City Band Concert at the Park in the Square on July 13th.
 - **Romance In The Air**
 - **Enchanted Garden**
 - **Around The World**
 - **Sports Is My Game**
- ❖ Picnic settings will be judged for creativity and best use of theme. Prizes awarded in each category!
- ❖ Any alcoholic beverages must come to the park unopened and leave capped. You must be 21 or older to participate.

To be eligible for contest judging, contestants must register using the form below and return it to City Hall in person, by mail or email at citymanager@woodstockil.gov no later than **Monday, July 11, 2016**.

Participants must check in at the Opera House Stairs between 6:30 - 7:00pm on July 13, 2016 for their entry number and to choose site location. Picnic settings must be ready for judging by 7:30pm.

PICNIC IN THE PARK REGISTRATION

Name: _____
Address: _____
Phone: _____
Email: _____

Picnic Basket Theme:

| | |
|---------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Romance In The Air | <input type="checkbox"/> Around The World |
| <input type="checkbox"/> Enchanted Garden | <input type="checkbox"/> Sports Is My Game |

For Questions, call 815-338-4301



Bags Tournament City Championship Emricson Park Friday, July 15, 2016

Team Name: _____

Player #1 Information:

Last Name: _____

First Name: _____

Phone: _____

Email: _____

Player #2 Information:

Last Name: _____

First Name: _____

Phone: _____

Email: _____

For more information contact: Joe Starzynski 815-338-4301 or email summerinthepark@woodstockil.gov.

Team Entry Fee: \$10 per team (Donated to Gavers Community Cancer Foundation)

Make checks payable to: Gavers Community Cancer Foundation

Mail or drop off check and
completed registration form to:
Summer in the Park
City of Woodstock
121 W. Calhoun St.
Woodstock, IL 60098

Tournament to be held at: Emricson Park, Woodstock, IL

Mail/Drop Off Registration Deadline: July 11, 2015

Onsite Registration: Available Day of the Event — Friday, July 15th, 2016, 5:00 PM—6:30 PM

Team Play Begins at: 6:30 PM, Friday, July 15th

Prize: City Championship Trophy & Major Bragging Rights

- ♦ Tournament team participation will be limited on a first-come/first-serve basis
- ♦ Double elimination tournament/guaranteed 2 games
- ♦ ACA rules apply/must have a 2 person team

For more information, go to www.woodstockfestivals.org



Joint Bid Results in More Crack Sealing

Upon receiving a gloomy report from Baxter & Woodman regarding overall road conditions in the City late last fall, Mayor Brian Sager requested staff create a task force to discuss and evaluate various means, methods and potential opportunities to reduce the cost of roadway maintenance and rehabilitation. The task force has discussed, among other things, new pavement technologies, opportunities for securing additional federal funding for roadway improvements, issuance of bonds and other revenue sources available to fund roadway improvements as well as joint bidding opportunities with other municipalities to save money thru “economies of scale”. The City of Woodstock staff responded to the Mayor’s request by inviting other nearby municipalities to discuss pavement management strategies and possible collaborations, ultimately forming the “Pavement Management Task Force.”

The group has routinely met since its inception in January and just celebrated another victory with a collaborative pavement crack sealing contract in

May. The City of Woodstock, Village of Algonquin, Village of Cary, and the City of McHenry participated in a joint bid to clean, rout, and seal pavement cracks in each of the communities. As a result of this joint bid, a lower price than expected has been awarded, and the City will be able to almost double the amount of crack sealing on its City streets during 2016. This is an important shift, as the 2015 Baxter & Woodman report urged the City of Woodstock to address roads in fair condition first. Preventative maintenance, such as crack sealing, can add approximately 5 years of service life to pavement, and the roads considered in fair condition now will quickly turn to poor condition if left untreated. Poor roads are significantly more expensive to repair.

The Pavement Management task force continues to meet and work on its final report which is scheduled to be presented to the City Council in July. If you have any questions about this project, please contact the Department of Public Works, 815- 338-6118 or at pwdept@woodstockil.gov

“SUMMER AFTERNOON—
SUMMER AFTERNOON;
TO ME THOSE HAVE
ALWAYS BEEN THE TWO
MOST BEAUTIFUL WORDS
IN THE ENGLISH LANGUAGE.”

- Henry James

NO GREASE, PLEASE!

Stop and think about all of the different household conveniences we use on a daily basis – electricity and internet constantly available and clean running water at a moment's notice.

We also have the ability to get rid of things we do not need or want. Cleaning up after a meal seems as easy as washing the dishes and leftovers down the drain, but using your sink to get rid of FOG (fats, oils, and greases) may have negative consequences.

DID YOU KNOW...?

The fats, oils, and greases found in many food (meats, cheeses, sauces, salad dressings, cookies, and butter) can cause problems for your sanitary service and the City's wastewater treatment facilities?

Grease does not dissolve easily in water, but does easily congeal and adhere itself to other surfaces...such as the inside of your sanitary pipes in your home leading to the City's sanitary mains. The consequences of grease buildup include reduced sanitary pipe capacity and pipe blockages leading to sanitary sewer backups.

FOG is also bad news for your City's wastewater treatment process. When water containing grease is sent to the wastewater treatment plants, it eventually congeals and causes a mat to form on the surface of tanks, digesters, and inside pipes and other surfaces. This has the potential to shutdown treatment processes or cause damage to the equipment. For an overview of the wastewater treatment process, visit the link below.

http://www.woodstockil.gov/sites/default/files/fileattachments/office_of_the_city_manager/page/1828/05-20-16_city_managers_newsletter.pdf

NOW THAT YOU KNOW, WHAT YOU CAN DO ...

- DO NOT DUMP ANY GREASE INTO ANY OF THE DRAINS IN YOUR HOME – EVEN WHEN COMBINED WITH WARM, SOAPY WATER – IT WILL EVENTUALLY COOL & CONGEAL SOMEWHERE IN THE SANITARY SYSTEM
- Place used, cooled grease in a non-recyclable container, then seal and place in the trash
- BEFORE WASHING DISHES CONTAINING GREASE, WIPE THEM OUT AND DISCARD ANY LEFTOVER FOOD IN THE TRASH



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6 TIPS TO DETOX FROM SOCIAL MEDIA



Do you find yourself obsessively checking Facebook, Twitter, and Instagram throughout the day and night? If social media plays an outsized role in your life—and is beginning to interfere with your mood, work, sleep, or relationships—it may be time to take a break.

Two studies in the *Journal of Social and Clinical Psychology* found a connection between being on Facebook and feeling depressed. In both studies, the researchers blame the fact that people compare themselves with their peers online—and find themselves coming up short.

Research at Cornell University has also found that when people invest extensive energy interacting with others on social networking websites, this can be at the expense of other, more personal relationships. Excessive social media use has also been found to interfere with sleep and reduce workplace productivity.

“We are so consumed with our cell phones that we do not fully experience our relationships and our conversations,” explains Camille Charbonneau, founder and lead mental performance consultant at Peak Perform in Montreal, a company that teaches clients the skills needed to set and achieve goals, manage time, and reduce stress. “Everyone is so worried about missing out that they need to constantly be on Instagram and Facebook looking at all their friends’ lives. But the truth is this makes you miss out on your own life.”

How to Detox From Social Media

If you want to take a break from the constant onslaught of social media, Charbonneau offers the following common-sense tips:

1. ***Start Off on the Right Foot.*** “Once your alarm goes off in the morning, put the phone away. Don’t get consumed by checking emails, Facebook, and Instagram posts,” Charbonneau says. “Enjoy your breakfast, enjoy the process.” Being in the moment can help you make the most of your day right from the start.
2. ***Fit Social Media Use Into Your Schedule.*** “Turn off your notifications,” Charbonneau advises. “If you don’t get updates and messages on your phone, then you won’t feel obliged to answer or comment on

them. Instead, check your messages and posts when it fits into your schedule, such as at lunchtime or when you have a quick break.”

3. ***Use Triggers to Manage Your Social Media Use.*** *“Develop a cue or reminder to stay off social media. This could be a verbal or physical cue. When you realize that you have been Facebook stalking for too long, use the cue to help you switch off social media and on to something more productive.”*
4. ***Use Social Media as a Reward System.*** *“Instead of procrastinating on Facebook, get through your to-do list one bullet [point] at time, and then reward yourself with a few minutes of social media.” Just be sure to keep your usage to only a few minutes. Otherwise you may find yourself staying up half the night checking people’s status updates, playing Facebook games, or answering the latest quizzes.*
5. ***Prioritize Face Time.*** *“When you’re with other people, put your phone away or turn off notifications so you don’t get distracted.” This is important because being on the phone, computer, or tablet really interferes with positive social interactions. If you must check your phone because you are waiting for an important message, then restrict your usage to when you’re taking a quick bathroom break—don’t constantly check your phone or ignore your companions. “If you are worried about missing an emergency, turn off all notifications besides your ringtone.”*
6. ***Surround Yourself With People With Good Social Media Habits.*** *When the people around you value human interactions, you’ll have much more satisfying relationships and you may just find that you don’t need that Facebook fix to fill the void.*

Are You Ready?

“Most people think they will not be able to survive without their phones. Do you think you cannot get off social media for more than two hours? I dare you to try it,” Charbonneau challenges. “Put your phone or laptop away and do something else. Once you’re consumed in another activity, you’ll totally forget about it and social media will not seem that important. You’ll notice that it’s not that bad, and you’ll begin to appreciate the small things that you didn’t notice before.”

Keep in mind that a social media detox isn’t an all or nothing proposition—you can cut back in small steps. Your quality of life will be all the better for it.

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Want to Start to Get Healthy with an Exercise Program?

City of Woodstock employees receive an employee discount at the **Woodstock Recreation Center**. The initiation fee is waived! Executive membership is \$35 per month. Full membership is \$25 per month. Try a week for free! For more information, contact Mary Lynn Lisk or Renee Torrez at 815-338-4363 or visit www.woodstockrecreationdepartment.com for more information.